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Smith brings in the big bucks

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Barrymore may still love her ex

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Beautiful, tasty, and good for you

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CD by Broken Social Scenester

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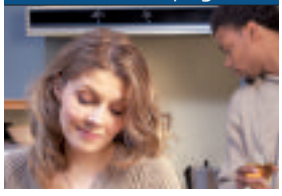

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JAZTO RAILOCH/REUTERS

Ontario's Van Koeverden was chosen Canada's Olympic flag bearer yesterday.

B.C. athletes make up 34% of Canada's team

While Ontario's Adam Van Koeverden was named Canada's flag bearer yesterday, B.C. is the swifter, higher, stronger province.

More than one third of athletes representing Canada in the 2008 Olympic Games in Beijing are from B.C.

"(That) is a source of pride for our province, and shows the strength of our athletic community," Premier Gordon Campbell said after the Olympic team was announced.

B.C. athletes are defined as those born here or residing in British Columbia. They make up 34 per cent of the Canadian Olympic team.

In all, Canada is sending 331 athletes with the self-imposed goal of finishing among the Top 16 countries — that would place us five spots better than we finished in the 2004 Olympics in Athens.

Two B.C. athletes, Victoria's Simon Whitfield (triathlon) and Mission's Brent Hayden (swimming) were also strong candidates to carry the Maple Leaf.

METRO VANCOUVER

MORE COVERAGE, PAGE 9

Beijing

- About 10,500 athletes from more than 200 nations will compete in 35 disciplines at the 2008 Olympic Games, which run from Aug. 8 to 24.

Audit shows fare evaders get free ride

JEFF HODSON
jeff.hodson@metronews.ca

Fare evaders have a less than one-in-100 chance of being busted by transit police, a fare evasion audit in the Lower Mainland found yesterday.

Despite this and the fact that available punishment options are not deterrents, fare evasion rates fell to 2.5 per cent in 2007, down from 3.9 per cent in 2002, according to auditors PricewaterhouseCoopers.

Roughly four million transit rides are evaded each year. But of those, only 30,000 tickets were written and only 2,400 tickets were ever paid.

"There is a less than 1 per cent chance of receiving a ticket," auditors wrote. "There is less than a 0.1 per cent chance that riders pay any fine revenue."

TransLink spokesman Ken Hardie said there are not a lot of incentives for people to pay the fines they are issued.

"Part of the discussion has to be in providing a real consequence, or real incentive, to pay the violation ticket," Hardie said.

The report recommends that management explore linking transit fines to other government functions, like driver's licence renewal, and strengthening enforcement by increasing consequences, including having evaders removed from TransLink property.

Hardie said TransLink is looking at turnstiles at SkyTrain stations to increase the perception of safety and decrease the public perception that fare evasion is widespread.

According to some estimates, turnstiles would only re-coop $1 in lost fares for each $10 spent, Hardie said.

Transport of choice

- Fare evasion was highest on SkyTrain, at 5.4 per cent, and lowest on the West Coast Express, at 1.1 per cent.

CBC launches Chinese news site

JOYCE YIP
for Metro Vancouver

Canada's national public broadcaster launched a Chinese news website yesterday.

CBC British Columbia, in association with Radio Canada International (RCI), became this country's first major broadcaster to introduce a news site that features up to 18 local, national and international stories in simplified and traditional Chinese.

"We'll pick a number of stories, then we'll talk to the translators/journalists at RCI, and they'll translate and post them," said Liz Hughes, the director of news for CBC.

The Chinese population in Canada has grown more than 18 per cent in the past decade, according to a 2006 Statistics Canada report. In some cities the percentage is even higher. In Richmond, for example, 44 per cent of residents are of Chinese descent.

"We do great local news here in CBC, and we want to get it to the absolute biggest audience we possibly could," Hughes said.

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Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

SUVs, trucks targeted for catalyic converters
RCMP in Coquitlam are reporting a spike in catalytic converter thefts. Metal thieves are targeting SUVs and pick-ups because of their increased ground clearance as the converters must be sawed the from exhaust system to remove them. **NEWS1130.COM**

Local

Charges still pending in art heist

Police have still not laid charges in the Bill Reid art heist at the UBC Museum of Anthropology. Three men were arrested and subsequently released when police raided homes in Burnaby and New Westminster and recovered 10 of the 12 stolen artifacts.
NEWS1130.COM

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Gas costs cause 3% spike in B.C. consumer prices

Cost to goods expected to continue rise with oil: Expert

ANDREA WOO
for Metro Vancouver

The latest wave in the ripple effect of soaring gas prices is that it is largely to blame for a jump in inflation.

According to a Statistics Canada report released yesterday, consumer prices in B.C. rose three per cent in the 12-month period ending in June 2008. This is on par with the national average of 3.1 per cent.

Michael Devereux, a professor of economics at the University of B.C., said that rising fuel prices create a chain reaction that affects a large range of goods.

"When fuel prices go up … any goods that are transported, or any goods that are produced with energy — which basically means all goods — are going to find that their costs rise," he said.

While Devereux predicted the spike to be a one-time occurrence, he said that if gas prices continue to skyrocket, so will the costs of most goods.

A June 26 report by CIBC World Markets forecasts the price of oil will reach $200 US a barrel by 2010, which would put Vancouver gas prices somewhere in the neighbourhood of $2.40 to $2.55 per litre.

Gas prices increased 26.9 per cent from June 2007 to June 2008 — the largest hike since hurricanes Katrina and Rita disturbed the oil market in September 2005.

Also, the percentage of other goods and services have gone up from June 2007 to June 2008, including:

- Food: 2.8
- Shelter: 4.7
- Energy: 18
- Transportation: 5.5
- Air transportation: 14.3
- Mortgage interest: 9

However, they have scaled back about 14 per cent since their peak earlier this month.

MORE COVERAGE, PAGE 7

Ferry fares to rise Aug. 1

The cost of taking a ferry is about to go up, thanks to those headline-dominating fuel prices.

Starting Aug. 1, the fares for major routes Tsawwassen-Swartz Bay, Tsawwassen-Duke Point and Horseshoe Bay-Departure Bay will be $14.33, up 10.3 per cent from its current price of $13.

The Horseshoe Bay-Langdale route will go up 9.2 per cent and several minor routes will see increases of 17.6 per cent. There will be no change to the company's northern routes.

B.C. Ferries spokeswoman Deborah Marshall said yesterday that the company's fuel costs were $140 million this fiscal year, up from $45 million five years ago.

TODAY'S *question*

Have rising fuel prices affected your vacation plans?

JANINE MALIK
28
Vancouver
service industry
Absolutely. Rather than go to Toronto for vacation, we'll probably go to Mexico instead because its cheaper to fly there.

MATTHEW ADAMS
34
Vancouver
film industry
I'm driving a lot less — I even drive a biodiesel — and riding my bike a lot more.

VICTORIA RIGOR
22
Vancouver
service industry
Somewhat. It has affected trips. I guess it has affected our driving the most. My boyfriend and I are riding our bikes more.

RAFE ARNOTT/METRO VANCOUVER

CONTACT US:

E-mail your letters to: vancouverletters@metronews.ca. Metro reserves the right to edit all letters. Please include your name and contact information.

letters

Hire lifeguards who like sand

My dog and I visited Spanish Banks dog beach (yesterday) and the lifeguard asked if I could stop my dog from shaking water and sand on him while he drank his coffee and read. Is it not part of his job to deal with water and sand? As a tax payer I would suggest to those who hire lifeguards to do a better job.

MARCEL CHAPPELL, VIA E-MAIL

E-mail letters to vancouverletters@metronews.ca. Metro reserves the right to edit all letters.

Arson charges in condo blaze

JEFF HODSON
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Two women and a man from Abbotsford have been charged with arson in relation to a fire that destroyed a condo development and injured four firefighters last week, police said yesterday.

Danielle Toplass, 22, Jason Read, 27 and Angela Arkesteyn-Volger, 23, were charged Monday with arson and possession of incendiary material and were held in custody.

On July 15, firefighters were called to a massive fire at 63-unit development in the 33500 block of Marshall Road.

The fire caused an estimated $9 million in damage and injured four firefighters.

Eight detectives worked the case and a canvass team went door-to-door searching for clues in the case.

PHOTO COURTESY ABBOTSFORD POLICE DEPARTMENT

Police say arson caused this July 15 fire at a condo development in Abbotsford.

News in brief

CONSTRUCTION A man protesting the construction of a power line in Tsawwassen was arrested after he used a large mirror to flash sunlight in the eyes of two workers operating a bucket truck almost 20 metres above the ground.

PORNOGRAPHY A man from Creston, B.C., has been arrested for allegedly attempting to smuggle child pornography into the U.S., CBC News Online reports. The 38-year-old is in an Idaho jail.

HIT-AND-RUN Police have interviewed the owner of a white Acura involved in the fatal hit-and-run of an elderly Surrey couple in early July, ckinw.com reports. No charges have been laid yet against the owner.

NAMED Police have confirmed the identity of a man shot to death in Abbotsford Tuesday, news1130.com reports. Dustin Lee Wester, 25, was found dead in an SUV at a gas station on Mount Lehman Road.

METRO NEWS SERVICES

metronews.ca
What's online today.

Watch a profile about Canada's Olympic flag-bearer
Read about our Urban Foodie's experience as a cooking contest judge
Check movie showtimes, trailers and reviews
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Toxin may be urine
Household urine may be the reason behind high ammonia levels in waterways tested around Vancouver. Environment Canada said the chemical is toxic, but current sewage treatments do not remove it. SOURCE: CBC NEWS ONLINE

JEFF HODSON/METRO VANCOUVER

Jenny Nguyen, left, a member of Metro Vancouver's street survey team, interviews a woman outside the Vancouver Art Gallery on Robson Street yesterday.

Turning on the taps

Students promoting alternatives to bottled water

JEFF HODSON
jeff.hodson@metronews.ca

A group of 20 students will spend the next six weeks trying to get people to put a cap on bottled water and tap into their faucets.

The Metro Vancouver (regional district) street survey, which costs about $15,000, kicked off yesterday outside the Vancouver Art Gallery.

It asks people whether they prefer bottled water to tap, and why.

Issues raised by the survey will be the focus of the regional district's campaign to reduce plastic-water bottle use 20 per cent by 2010, said Vancouver Coun. Tim Stevenson, chair of Metro Vancouver's water committee.

"We want to gear the campaign to the issues that they raise," he said. "What are the issues that concern people? Why would you ever go and pay $1.50 for a teensy little bottle of water?"

The street survey will be followed by an 800-person telephone survey at a cost to the regional district of about $35,000.

Banning the bottle

- On Tuesday, Stevenson brought forth a motion to ban bottled water at City Hall. The motion passed unanimously.

News in brief

ACQUITTED The B.C. Supreme Court has acquitted a Vancouver man in a double murder dating back more than two decades, CBC News Online reports. David Couture was sentenced to life in prison without parole for 16 years after being found guilty of killing two women in 1986.

WHALE The Vancouver Aquarium's newest calf is progressing well after vets removed a cyst near her tail. The unnamed baby has nearly doubled in size and is becoming more curious with her surroundings, at times approaching the underwater viewing glass.

METRO NEWS SERVICES

Family appeals for help to find woman

ANDREA WOO
for Metro Vancouver

MISSING The Burnaby family of a missing 26-year-old Iranian woman who speaks very little English is appealing to the public for help.

Afshan Karimi has only been in Canada for a couple of months. She was last seen at Burnaby Public Library at 4595 Albert St. on Tuesday. She arrived at about 9:30 a.m. and surveillance footage captured her leaving at 11:40 a.m.

Amir Shoolestani, Karimi's brother-in-law, said that the family began its search when she did not return home by the expected time of 4 p.m.

"She was always on time and she would never go somewhere without telling us," said Shoolestani. "We are very worried that she tried to hurt herself or maybe someone tried to hurt her."

Karimi was wearing a navy blue short-sleeved shirt with "Team Falcon" written on the front, black pants and grey running shoes with red and black laces. She is five-feet-four-inches tall, 165 pounds and of Middle Eastern descent.

SUBMITTED PHOTO

Afshan Karimi, 26, has been missing since Tuesday.

Potatoes banned from Pemberton concert

POTATO The world's most popular tuber is no welcome guest at this weekend's massive music festival in Pemberton.

Organizers of the Pemberton Festival, which features bands like Cold Play, Jay Z and Tom Petty and the Heartbreakers, are banning potatoes — and all root vegetables — from the site.

The Pemberton Valley is a "seed potato control area," which produces virus-free seed potatoes that are sold to potato farms across North America.

METRO VANCOUVER

Police searching for robbery suspect

ROBBERY A 91-year-old Langley woman was thrown on the floor and dragged down a hallway by a thief who broke into her house, RCMP said yesterday.

Paupst

Const. Patrick Davies said the man escaped with a small amount of cash.

Mark Daniel Paupst, 44, is wanted for robbery.

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Hero pilot honoured

Gimli, Man. hosted a celebration yesterday to honour retired pilot Bob Pearson, who 25 years ago safely landed an Air Canada 767 that had run out of fuel while flying from Ottawa to Edmonton in the small Manitoba town. None of the 69 people on board were injured. METRO NEWS SERVICES

Canada

Dion eyes fall election

Canadians are increasingly in the mood for a federal election this fall, says Liberal Leader Stéphane Dion, left. But it may be another election — the U.S. presidential contest — that will also help the Liberals in any looming electoral battle here, Dion says.

News in brief

BYELECTIONS Prime Minister Stephen Harper is expected to announce three byelections as soon as today or tomorrow. The Guelph and Montreal riding of Westmount-Ville-Marie are the byelections to watch, since these ridings are important to Liberals. Another byelection will be called in St. Lambert, formerly held by Maka Kotto of the Bloc Québécois.

SEAL HUNT The European Commission adopted proposals yesterday to ban the import of pelts from seals that have endured excessive suffering while being killed, risking possible trade conflicts with Canada.

GUNS Alberta MLA Kent Hehr, who was left a quadriplegic after a 1991 random shooting, wants gun laws to go further — as far as seizing cars from gang members carrying weapons. Hehr has been a strong advocate against guns.

METRO NEWS SERVICES

Oil-rich Arctic sparks debate

Developing the huge amounts of newly assessed Arctic oil and natural gas reserves amounts to "playing with fire as far as nature is concerned," says the head of a Canadian citizens' group.

"It feeds into an already out-of-control industry." Andrea Harden-Donahue

Tony Clarke, executive director of the Ottawa-based Polaris Institute, was commenting on yesterday's report by the U.S. Geological Survey (USGS) estimating the area north of the Arctic Circle has 90 billion barrels of "technically recoverable" oil and 1,670 trillion cubic feet of natural gas. It was the first-ever assessment of the entire area north of the Arctic Circle.

At yesterday's press conference, scientists said more than half of the oil reserves occur in only three geologic provinces — Arctic Alaska, the Amerasia Basin and the East Greenland Rift Basin.

Yesterday, Andrea Harden-Donahue, energy campaigner for the Council of Canadians in Ottawa, emphasized the need for social and environmental impact before "rushing into an energy gold rush."

"It feeds into an already out-of-control industry with the concerns of the public and the environment secondary," she said.

TORSTAR NEWS SERVICE

Edmonton **Cooper memorial**

BEN LEMPHERS/METRO EDMONTON

Jeff Rentz, brother of slain Nancy Cooper, listens to memorial service while holding two children yesterday at a church in Edmonton. The 34-year-old Cooper, who lived in Cary, N.C. but was born in the Edmonton area, was found dead two days after she went missing while jogging.

Tasered suspect was 17-years-old

DEATH The suspected thief who died after being Tasered by Winnipeg police was a cornered 17-year-old who refused orders to drop a knife, police said yesterday. The incident began shortly before 4 p.m. Tuesday when two people spotted the teen allegedly stealing something from a vehicle behind a home in the city's west end. Police were flagged down and confronted the suspect.

The stun guns, and the way police use them, have come under intense scrutiny in recent months, since the death of Robert Dziekansk, who died last October at Vancouver's main airport within minutes of being hit by Tasers by RCMP officers.

TORSTAR NEWS SERVICE

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LA Weight Loss Centers

Before

Do You Have Asthma?

The Lung Centre at VGH is seeking volunteers who are diagnosed with mild allergic asthma. This research study will evaluate the safety and efficacy of two different formulations (a powder form which is approved by Health Canada; the liquid form is still under investigation) of an asthma drug given subcutaneously (under the skin).

To qualify, you must:

- be 19 to 65 years of age
- be a non-smoker or ex-smoker
- be diagnosed with mild allergic asthma (using Ventolin, salbutamol, or Airomir only)
- weigh between 66 to 330 pounds
- have environmental allergies (i.e., pollen, cat and dog dander, etc.)

There are approximately 7 to 11 clinic visits over 33 weeks. Some visits may consist of a chest x-ray (only if one was not taken within two years), breathing tests, allergy skin test, vital signs, ECG (electrocardiogram – a painless heart rhythm tracing), urine analysis, and blood tests.

Study medication will be provided if you are eligible for this study. Dr. J. Mark FitzGerald is a principal investigator for this study.

For more information, please contact the study staff at 604-875-4111, ext. 67915 or lindahui@interchange.ubc.ca and leave your name and daytime phone number.

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WTO's secret to success

The World Trade Organization's marathon-running chief urged his staff yesterday to eat bananas to sustain themselves through long negotiating sessions — in which tariffs on the fruit are among the most contentious issues. REUTERS

World

"Let them curse me and I don't give a damn. I couldn't care less."

A lyric from France's first lady, Carla Bruni-Sarkozy, off her new CD, which has shot to the top of charts in its first full week of sales.

Pop stardom

Carla Bruni-Sarkozy has turned into a pop star since her whirlwind romance with President Nicolas Sarkozy, whom she married in February, less than three months after they met.

Karadzic to defend himself

Former Serb leader accused of genocide, war crimes

Radovan Karadzic will conduct his own defence at the Hague tribunal and is convinced he will be cleared of charges of genocide, relatives and associates of the war crimes suspect said yesterday

Karadzic, leader of the Bosnian Serbs in the 1992-95 Bosnia war, was arrested in Serbia on Monday after 11 years on the run.

He was one of three remaining war crimes fugitives from the Yugoslav wars, their arrest a condition for Serbia to move toward European Union membership.

He is now in a Belgrade prison awaiting extradition to The Hague, which could come this weekend.

Karadzic's lawyer in Serbia, Svetozar Vujacic, said his client was in good mental and physical condition. He was not talking to investigators, but "defending himself with silence."

"He is going to have a legal team in Serbia but will defend himself during his trial at The Hague."

Karadzic is twice indicted for genocide for the massacre of 8,000 Bosnian Muslims in the town of Srebrenica in 1995 and for the 43-month siege of Sarajevo.

Some 11,000 people died in the city from sniper fire, mortar attacks, starvation and illness.

Karadzic had wanted Serb areas of Bosnia to be linked to Serbia and other Serb-dominated areas at a time when Slobodan Milosevic was fanning nationalism in Serbia.

REUTERS

IVAN MILUTINOVIC/REUTERS

Supporters of Partizan Belgrade wave a flag with Radovan Karadzic's picture during a friendly soccer match against Olympique Lyonnais in Belgrade yesterday.

Obama looks to reassure Jewish supporters, Israel

WEST BANK U.S. Democratic presidential candidate Barack Obama assured Israel and its U.S. Jewish supporters yesterday he was a friend who would not press for peace concessions that would compromise its security.

Hailing Israel as a "miracle," he vowed staunch support and held only a low-profile meeting with Palestinian leaders in the occupied West Bank.

"I am here to say as an American and as a friend of Israel that we stand with the people of Sderot and all of the people of Israel," Obama told reporters in the town's police station, with mounds of empty rocket casings stacked behind him.

Obama, seeking to allay wariness among some U.S. Jewish voters about his policy toward Israel, flew to Sderot, a town hit by rockets fired from the Hamas-run Gaza Strip, saying he hoped to bring peace but would not dictate the terms of a peace deal.

"We don't need a peace deal just to have a piece of paper."
Barack Obama

Obama brushed aside critics who fear he may pressure Israel to make concessions on land deals.

In an apparent jab at U.S. President George W. Bush's last-minute efforts to secure peace before leaving office, Obama said he would not "wait a few years into my term or my second term if I'm elected" to press for a deal.

"We don't need a peace deal just to have a piece of paper," he said. "We need something that's meaningful."

REUTERS

Texas Hurricane Dolly floods

JOE MITCHELL/REUTERS

A truck tries to cross a street flooded by hurricane Dolly in Brownsville, Texas, yesterday. Hurricane Dolly hit Texas yesterday with 150 km/h winds. Torrential rains on the U.S.-Mexico border area threatened floods in low-lying areas.

News in brief

JAPAN EARTHQUAKE A strong earthquake jolted northern Japan late last night, injuring at least 91 people, trapping hundreds in halted trains and temporarily cutting off electric power to thousands of homes. The Japan Meteorological Agency said there was no threat of a tsunami from the quake, which struck with a preliminary magnitude of 6.8 and could be felt as far away as Tokyo.

REUTERS

Questions remain over vice-presidents

AMERICA After months of secrecy and intrigue, presidential rivals Barack Obama and John McCain are almost ready to unveil the winners in the vice-presidential sweepstakes.

In the next few weeks, both candidates will end the suspense of a cat-and-mouse selection game that has been conducted with rare discipline and infrequent leaks.

Media battle

A report Monday ignited a frenzy of speculation that McCain would announce his choice this week in order to upstage Obama's trip.

Democrat Obama is rumoured to be considering rival Hillary Clinton but it is also thought he might turn to an ally and friend who heads a battleground state like Virginia Gov. Tim Kaine

Republican McCain appears ready to tap former Massachusetts Gov. Mitt Romney, who seemed to annoy him so often during their primary battle but has since become a steady surrogate. But time is running out on the process, which must conclude both by their party conventions this autumn.

REUTERS

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Bloomberg, Gates pledge $375 million to fight smoking
New York Mayor Michael Bloomberg and Microsoft co-founder Bill Gates pledged $375 million US yesterday to fight what they called a global tobacco epidemic. The billionaires said the money would go to anti-smoking groups in developing countries. REUTERS

Business

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Gas, food hikes kill wage gains

Soaring fuel and food costs caused consumer prices to shoot up in June — marking the largest surge in inflation in nearly three years and effectively erasing the bulk of wage gains earned by Canadians over the last year.

Statistics Canada reported that consumer prices rose by 3.1 per cent in the 12 months ending in June 2008. In contrast, average hourly wages rose 4.4 per cent during that same period, according to the federal agency's recent labour force survey.

Economists said that means Canadians are only being paid about 1.3 per cent more per hour than they were last year.

Workers in Western Canada will likely be the most successful in attempts to bargain for larger wage increases because unemployment rates there remain low. But economists said wage gains in those provinces could put further pressure on prices.

Statistics Canada said gasoline prices climbed 26.9 per cent between June 2007 and June 2008. It was the biggest jump since September 2005, when damage inflicted by hurricanes Katrina and Rita caused oil prices to soar.

Canadians also shelled out 3 per cent more for store-bought food in June than in the same month last year, eclipsing May's 1.9 per cent increase.

TORSTAR NEWS SERVICE

Food price hikes
- Baked goods, up 12.3%
- Pasta products up 35.9%
- Flour up 44.5%
- Bread up 17.7%

Video didn't kill radio, CRTC says

DATA The CRTC said revenues for Canada's radio stations grew by 6.2 per cent to $1.5 billion in 2007. Profits rose to $300.2 million. TORSTAR NEWS SERVICE

CIBC sued over subprime mortgages

BANKING CIBC is facing a lawsuit over investments tied to plunging U.S. subprime mortgages. REUTERS

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NBA

Forward Josh Childress signed a three-year, $20 million US deal to play with Greek club Olympiakos yesterday after turning down a reported five-year, $33-million offer to remain with the Atlanta Hawks. **REUTERS**

Sports

Federer gets bounced

Roger Federer's troubled season continued when he followed his crushing loss in the Wimbledon final with a shock defeat by Frenchman Gilles Simon at the Rogers Cup yesterday in Toronto. It was the first time Federer had lost his opening match in a tournament since falling to Briton Andy Murray in Dubai in March. REUTERS

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Smith not a horrible person

ToulBox

Scott Rintoul

scott.rintoul@metronews.ca

Turns out Joe Smith didn't attend the tribute to Bob Ackles at B.C. Place last Friday. He didn't duck out early; Smith was not dressed against the Blue Bombers and Wally Buono doesn't require injured players to attend games.

The Lions' running back said he was planning on being there, but he and his wife got onto other things and didn't quite make it. Smith has received a lot of public criticism for the no-show, but how big of a transgression was this?

First of all, if you didn't make an effort to attend the game yourself, you have no right to judge Smith. Just like Smith, you had something you deemed more important than being there. Second, Smith wasn't particularly close to Ackles. We all have colleagues that we see in the hallways at work, yet other than the occasional hello, the relationship is non-existent.

Have you ever missed a get-together for a co-worker because you had something better to do or felt you just didn't know the person that well? Most of us have. So let's put this in perspective. Smith didn't refuse to wear the commemorative logo or say that people are overreacting to Ackles' passing. He simply didn't attend a game that he wasn't obligated to be at.

For the record, I think Smith should have been there as a matter of respect for a man who helped save the franchise that pays Smith's salary. But he's not a horrible human being for choosing to be elsewhere.

• Vancouver's chances of getting a Major League Soccer franchise continue to improve. MLS Commissioner Don Garber and the board of governors will review new expansion plans in Toronto today that allow for more than the original ceiling of 18 teams. MLS won't go above 18 in the foreseeable future, but increased interest around the continent has it considering a league of 20-24 teams down the road. Vancouver is said to be high on the priority list, with most expecting the Whitecaps to make the jump in the next two to three years.

Rumours also persist that Victoria's Steve Nash will be investing in a franchise in some capacity.

• The Canadian Open tees off at Ontario's Glen Abbey this morning with 19 players from our home and native land taking part. Only two of the 19 are B.C. natives, and they're from opposite ends of the golfing spectrum. Victoria's Jim Rutledge is 48 and turned pro in 1978, 11 years before Abbotsford's Nick Taylor, who's still an amateur, was even born.

• Want to weigh in? Email me at scott.rintoul@metronews.ca.

How to make a Scott Rintoul: Mix equal parts college athlete, sports fan and broadcaster. Shake vigorously.

Sports in brief

NHL The Boston Bruins placed veteran forward Glen Murray on waivers yesterday. Originally drafted 18th overall by the Bruins in 1991, Murray, 35, registered 17 goals and 13 assists in 63 games last season.

NHL The Anaheim Ducks signed head coach Randy Carlyle to a two-year contract extension yesterday. Carlyle has a 138-74-34 record as the Ducks coach. **METRO NEWS SERVICES**

SOCCER Substitute Charles Gbeke scored the equalizer in the 84th minute as the Vancouver Whitecaps eeked out a 1-1 draw with the Charleston Battery in USL action last night. **METRO NEWS SERVICES**

LOTTERIES

Lotto 6/49	07, 9, 25, 35, 40 & 48. Bonus 1.
B.C. 49	07, 22, 27, 29, 32, 40. Bonus 9.
Extra	38, 61, 75, 78.

Results not official

SCOREBOARD

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE
Boston 6 Seattle 3 (12 ings)
Chicago White Sox 10 Texas 8
Detroit 7 Kansas City 1
L.A. Angels 14 Cleveland 11
N.Y. Yankees 5 Minnesota 1
Tampa Bay 4 Oakland 3
Toronto 2 Baltimore 1 (5 ings, susp., rain)

NATIONAL LEAGUE
Atlanta 9 Florida 4
Cincinnati 9 San Diego 5
Colorado 5 L.A. Dodgers 3
N.Y. Mets 6 Philadelphia 3
Pittsburgh 8 Houston 7
Milwaukee 3 St. Louis 0
Chicago Cubs at Arizona
Washington at San Francisco

TODAY'S GAMES

AMERICAN LEAGUE
Toronto at Baltimore, 9:35
Tampa Bay at Kansas City, 5:10

NATIONAL LEAGUE
Philadelphia at N.Y. Mets, 9:10
Washington at San Francisco, 12:35
San Diego at Pittsburgh, 4:05
Florida at Chicago Cubs, 5:05
Milwaukee at St. Louis, 5:15

CFL

WEEK 5

TODAY'S GAME
Calgary at Winnipeg, 5

TOMORROW'S GAMES
Edmonton at Hamilton, 4
Montreal at **B.C.**, 7

SUNDAY'S GAME
Toronto at Saskatchewan, 4

SOCCER

GAMES FEATURING THE VANCOUVER WHITECAPS MEN'S TEAM:

LAST NIGHT'S RESULT
Charleston 1 **VANCOUVER** 1

BASEBALL

NORTHWEST LEAGUE GAMES FEATURING THE VANCOUVER CANADIANS:

LAST NIGHT'S RESULT
VANCOUVER 4 Yakima 0

TODAY'S GAME
Yakima at **VANCOUVER**, 1:05

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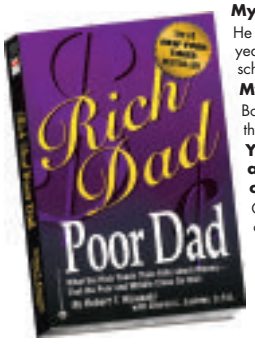

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Athletics
British triple jumper Phillips Idowu said yesterday he would keep his hair dyed red to bring good luck in Beijing. REUTERS

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Van Koeverden set to carry flag

Kayaker will lead Team Canada into Beijing into opening ceremonies

Kayaker Adam van Koeverden carried the flag in the closing ceremonies for Canada at the 2004 Athens Olympics. Now, he'll be carrying the Maple Leaf back into the stadium for the 2008 Beijing Games.

Van Koeverden was announced yesterday morning at a news conference in Montreal as Canada's flag bearer at the opening ceremonies at the Aug. 8-24 Beijing Summer Olympics. The Canadian team was officially announced as well.

"I don't see it so much as leading but as representing," van Koeverden said via satellite from his local club in Oakville. "We're all marching in together. Everybody's a leader."

Judoka Nicolas Gill carried the Canadian flag at the opening ceremonies at the 2004 Summer Games in Athens. Hockey player Danielle Goyette was the Canadian flag-bearer at the 2006 Winter Games in Turin, Italy.

"I'm more than honoured and privileged. It fills me with so much pride to (carry the flag)," said van Koeverden. "I can't wait."

Van Koeverden had too strong a resumé to be ignored and was chosen over a group of other possible candidates that included equestrian Ian Millar of Perth, Ont., who at 61 is competing in a record-tying ninth Olympics; diver Alexandre Despatie of Montreal, an Olympic silver medallist and former world champion; and triathlete Simon Whitfield, the 2000 Sydney Olympic champion.

Van Koeverden will be Canada's best medal hope in Beijing, as the reigning Olympic and world champion, as well as world record holder in the men's K-1 500 metres. He has been a force on the World Cup this season, winning five of six races (three in the K-1 500, two in the K-1, 1,000), and capturing a bronze in the other K-1, 1,000.

The 26-year-old from the Burloak Canoe Club in Oakville, Ont., also has the kind of attitude that the COC is hoping will be instilled in athletes as they move towards the 2010 Vancouver Olympics and beyond. Asked about the pressure of competing for Canada, van Koeverden's response was: "Bring it on."

TORSTAR NEWS SERVICE

JONATHAN FERREY/GETTY IMAGES
Adam van Koeverden will be carrying the Maple Leaf back into the stadium for the 2008 Games.

Canadian athletes named

The Canadian Olympic Committee also unveiled the team that will compete in Beijing yesterday. Some 331 athletes will represent Canada compared to 265 who competed at Athens.

For more, go to olympic.ca. METRO NEWS SERVICES

Water course may pose difficulty

KAYAKING A challenging white water course could pose serious problems for slalom canoeists and kayakers at the Games.

"We will find it very difficult to navigate ... on this wild artificial course," said France's Tony Estanguet, who is seeking his third successive gold medal. "On a stroke where I normally move two metres, I sometimes moved only 20 centimetres. The force of the water means you have to fight." REUTERS

Tomorrow's lineup

FREE SPEECH Will the media finally enjoy the "complete freedom" Beijing organizers publicly promised? Pick up tomorrow's Metro for more.

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Impressing your date: No teddy bears or superheroes

If you're serious about dating, take a good look at your home décor. Although you may not always realize it, the way you decorate your home makes a personal and revealing statement about yourself. And that is so true when it comes to bringing a date into your home for the first time.

While it is not the only factor that determines your success with that special someone, your home décor or lack of it could spell the difference between goodbye after the first date, or a continued relationship. It can certainly enhance your first impression, or it can break it.

ArrestingDesign
Jeffrey Fisher & Tammy Schnurr

busted@arrestingdesign.com

Let's start off with the living room, as your date will sit in this room.

First of all, make sure the furniture isn't old or tatty.

It doesn't need to be high end, but make sure it is tidy and clean, as disorderliness and dirt doesn't turn anybody on.

Clutter, as always, is a no-no, because it produces agitation rather than peacefulness. Keep in mind that student-like digs are fine for students, but if you are a young professional and you're looking to impress the man or woman of your dreams, get rid of the beanbag chairs and blow-up furniture and invest in a few stylish pieces that signal your more grownup status.

A few thoughtfully chosen objets d'art can be conversation starters. Make them meaningful and personal, but tasteful. When you choose the piece, think about why you like it, and what it means to you. Do not choose paintings just because the colours work — or you'll end up with what feels like a dentist's waiting room.

Clutter ... produces agitation rather than peacefulness.

But don't go overboard — our décor advice is that it is better to be subtle than outrageous. Express your personality in small ways.

The kitchen should be clean and uncluttered. And do think to stock up on some lovely treats for your date — fresh fruit, chocolate, wine or other delicacies.

And fresh flowers on a counter or a dining room table are always lovely, and will impress, believe us!

The bathroom must be spotless and uncluttered with all your grooming paraphernalia — need we say any more?

And finally, the bedroom. First of all, a bedroom should not look like a shrine to your youth. For example, a young woman who still keeps teddy bears on her bed and has a pink ruffled bedspread seems, well ... young. And a young man who still has pictures of superheroes on his wall does not seem like the kind of person who is ready to take on the responsibilities of adulthood.

Mementoes of your youth, like trophies and high school awards and the like, should be displayed in a cabinet or shelf devoted to that purpose. But this should only be a small collection in a much larger room that has been decorated according to a larger theme or décor style.

Because you want to seem open to the idea of two rather than one, keep your decorating colours and style gender neutral in the bedroom, rather than anything too overwhelmingly feminine (such as an all-peach and pink colour scheme, for example) or masculine (such as all dark leathers and ebony wood).

Don't forget to choose gorgeous sheets and co-ordinating pillows — it's worth the splurge.

Last, but certainly not least, (and you'll thank us for this) do not forget to put away pictures of former girl or boyfriends.

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.

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CARLYN YANDLE PHOTOS

Taking an hour with a friend to create a vision poster, below, will lead you to discover the "right" colour and style-way for your home.

Project puts colour in right perspective

UrbanDweller

Carlyn Yandle
carlyn.yandle@metronews.ca

The question of décor colour sounds like a simple — or simpleton — topic, and if the point is to sell a home, the answer is fairly straight-forward: Go neutral. Create a clean, blank canvas for the next owners. Choose gallery white in a modern interior or a warm cream or dove grey against white moldings in traditional homes. The end.

Boring, I know, but there's no point trying to anticipate the personal tastes of every home-hunter. Colour, like humour, is personal. There are no one-word answers when you're dealing with a personal space.

New palettes are trotted out every season like apparel lines, but adopting the latest styles without any thought is how we arrive at terms like Fashion Victim. Colour is the same. Grey may be the new colour trend, but if you're prone to seasonal depression, you may want to think about Tuscany yellows.

Connecting to a positive, visceral response to colour is a tricky business. Parking yourself in front of a wall of paint sample cards at your nearest paint store can lead to option paralysis. The rational side of the brain is more likely to shout over the emotional side you need to access.

This is where the "vision poster" exercise comes in. Grab a random stack of magazines (raid your building's mixed-paper recycling container), scissors, a glue stick and a poster-sized piece of white paper (or four letter-sized sheets taped together) — and at least one friend to join in.

Put on the coffee and the music and get ready to cut and paste.

Take 15 minutes to flip through the magazines, cutting anything that appeals to you. Don't question why it appeals, don't get hung up on colours or subject matter, just cut and set aside.

When the 15 minutes are up, clear away all the magazines and set yourself another 15 minutes for slapping down all the clipped items on the page, in any manner that pleases you. Resist the temptation to conform to any presupposed rules of composition.

Once the 15 minutes are up, tape each person's poster on a wall. Take turns reflecting aloud about what you see emerging in your piece. Then offer up what you see emerging from the other posters. The results are always illuminating. Colour themes and personal esthetic tastes suddenly appear. Use these results to inform your home paint colour and décor texture choices, and it will feel "right."

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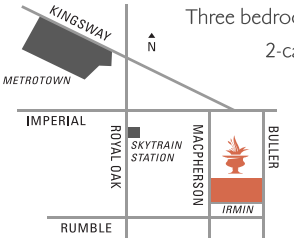

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Blueberry storage
Warmth and moisture hasten decay. Refrigerate berries, but don't wash until needed. Then rinse gently and drain well. To freeze berries whole, rinse lightly, dry well. Arrange in a single layer and freeze until firm, then pack in plastic bags or containers. METRO NEWS SERVICES

Food

"Once you've had your fill of fresh berries, bake them into pies, muffins, cakes, cobblers or preserve in jams and jellies."

BARB HOLLAND/FOR METRO CANADA

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

À la carte

Barb Holland
Metro Food Writer

Beautiful blueberries

Canada is the world's largest producer of wild blueberries, one of nature's true blue foods. There are two basic types of blueberries: The smaller "wild" low bush berries and the larger high bush "cultivated" berries. While opinions differ, I think the smaller "wild" berries have a more intense flavour and bake better than the larger cultivated blueberries. Whatever type you pick or buy, both are delicious, wonderfully healthy and now's prime time to enjoy them.

Blueberry Breakfast Bread Pudding

This can be served for breakfast, brunch or dessert. Make the egg-bread mixture the night before. In the morning while the oven is preheating, add berries and bake. Makes 6 servings.

INGREDIENTS:
4 eggs
2 tbsp (30 mL) sugar
1 tsp (5 mL) vanilla
1-1/2 cups (375 mL) milk
4 day-old croissants
1-1/2 cups (375 mL) fresh blueberries, divided
¼ cup (60 mL) brown sugar
Icing sugar and/or maple syrup

METHOD:
Whisk eggs, sugar, vanilla and milk together. Cut croissants into 1-1/2 inch (4 cm) pieces. Press pieces into mixture, pushing under liquid. Cover and refrigerate 2 hours or overnight.

Preheat oven to 375 F (190 C). Butter an 8-inch (20 cm) square baking dish.

Gently add 1 cup (250 mL) blueberries to bread mixture; spoon into dish. Sprinkle with brown sugar and bake until puffed and bubbly, 30 to 35 minutes. Let stand 10 minutes before serving. Serve warm with remaining berries, icing sugar and/or maple syrup.

FOODLAND ONTARIO PHOTO

Blueberries are delicious, wonderfully healthy and now's prime time to enjoy them.

Blueberry tips:

• The Pick of the Crop: Choose blueberries that are plump and brightly coloured, as berries do not ripen after they have been picked. Blueberries will be deep blue, dusted with a silvery frost. Size is not an indication of ripeness but colour is, so steer clear of blueberries that are still red. Likewise, pass over any berries that are shrivelled, mouldy or if their boxes are stained with berry juice, all indications that the berries are past their prime.

• Good for you: Blueberries are a good source of fibre and have a high level of anthocyanins in the blue pigment, an antioxidant beneficial in fighting the effects of aging, heart disease and cancer. One cup (250 mL) blueberries has only 86 calories and supplies about 23 per cent vitamin C and 14 per cent fibre of our recommended daily requirements.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Breakfasts, brunch, inn-style

Sylvia Main's Fairholme Manor Inn in Victoria inspired Fabulous Fairholme: Breakfasts and Brunches, a cookbook that reflects the elegant hospitality and lifestyle guests enjoy while staying at Sylvia's award-winning inn. Whitecap Books offered Metro the following decadent recipe from the book to give you something to look forward to in the morning:

Baked Raspberry French Toast

This recipe can be made with brown rice bread instead of Italian bread, for gluten-free diets.

INGREDIENTS:
• 4 slices day-old Italian bread, cut into 1/2" cubes
• 1/2 cup fresh or frozen raspberries or blueberries
• 2 ounces cream cheese, cut into 1/2" cubes
• 3 eggs
• 1 cup milk
• 1 tablespoon maple syrup
• 1/4 teaspoon poppy seeds

METHOD:
The night before:

Grease two 8-ounce ramekins or large muffin tins. Line bottom half of tins with bread cubes. Cover with raspberries or blueberries and cream cheese cubes and top with remaining bread. Mix eggs, milk and syrup and sprinkle with poppy seeds. Pour mixture over bread, cover and let soak overnight in refrigerator.

In the morning:

Bake at 350 F for 25-30 minutes or until puffy and golden.

Remove French toast from ramekins and top with Berry Compote or Lemon Sauce.

Berry Compote:
INGREDIENTS:
• zest and juice 1 lemon
• 1 tablespoon water
• 4 cups fresh or frozen berries
• 1 tablespoon maple syrup
• 1/8 teaspoon cinnamon

METHOD:
Combine all ingredients in a saucepan and simmer over medium heat until berries begin to break down and sauce starts to thicken. Serve over French toast.

Lemon sauce:
INGREDIENTS:
• 1 egg
• 3/4 cup sugar
• 4 tablespoons lemon juice
• zest 1 large lemon
• 1 tablespoon butter

METHOD:
Whisk together first four ingredients and cook over low heat, stirring constantly.

After sauce begins to thicken, stir in butter just to combine. Serve warm over French toast as an alternative to the berry compote.

Fabulous Fairholme: Breakfasts and Brunches by Sylvia Main is available in hardcover at Amazon.ca for $18.87 and includes this recipe, above, for Baked Raspberry French Toast.

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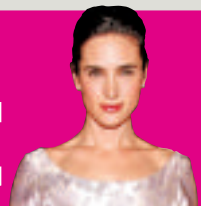
Love gets sued over publishing rights
A business management and accounting firm has sued rocker Courtney Love for failing to fork over a percentage of the proceeds after selling a portion of Nirvana's publishing rights for $19.5 million US. **E! NEWS ONLINE**

Entertainment



Revlon's face
Jennifer Connelly is the latest face of Revlon's global advertising campaign. The actress also plans to front Revlon's philanthropic activities.
PEOPLE.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

A humble life for Canning

Broken Social Scenester says solo effort is released one year late

BRIAN TOWIE
Metro Canada

Though he may not have the sensationalist surrealism of Big Brother, Brendan Canning doesn't mind inviting you into his modest world.

The bass-playing Broken Social Scene co-founder and former member of 1990s Canadian alt-rock group hHead recently finished recording his solo album, Something for All Of Us (release Tuesday), the second project under the Broken Social Scene Presents moniker that showcases individual work — as individual as it gets with them, anyway — from the Toronto-based indie collective's members.

Much like the group's previous side projects, BSS alumni contributions (co-founder Kevin Drew, Andrew Whiteman, Justin Peroff, Ohad Benchetrit, the gang's all here) are ubiquitous on Canning's diverse album, and in the same vein as Whiteman's National Anthem of Nowhere under the Apostle of Hustle brand, production was meticulous and slow-moving, so much so that Something For All Of Us came out one year late.

PHOTO COURTESY OF CANVAS MEDIA

Broken Social Scene co-founder Brendan Canning's solo album Something for All Of Us was released on Tuesday.

Canning's opus was to coincide with the release of the other existing BSS Presents title, Drew's Spirit If…, which dropped last September, though an earlier version of Canning's album leaked online in June.

"I wasn't surprised about the leak … I just wasn't happy with the minute details of some of the songs, so I spent a lot of time touching them up for store releases."
Musician Brendan Canning

"I've never been the greatest at making deadlines," laughs Canning, 38. "I wasn't surprised about the leak either. I just wasn't happy with the minute details of some of the songs, so I spent a lot of time touching them up for store releases. If you got the online version, you don't get to go out to your local record store and support the music. But then, what's that all going to mean 100 years from now, really?"

But while Drew kept his effort under lock and key, Canning was quite open to revealing his process, allowing Bruce McDonald, director of 1996 mockumentary Hard Core Logo, into the studio to film the closing days of Canning assembling his diverse array of driving bassy undercurrents and unpretentious bangers, such as single Hit the Wall. Titled The Raw Side Of Brendan Canning, the documentary is tentatively set to air on IFC in the fall.

"It's weird having a camera crew around when you're trying to record. You get self-conscious, but Bruce and I have worked before. We're friends and he's very respectful," he said.

"I guess I could have gotten myself arrested or drugged up or angrily smashed stuff to make better television, but I let it be.

"What can I tell you? It's an unapologetic look at the humble life of a musician in the middle class suburbs."

Anchorman sequel on track

Ferrell

MOVIES It looks like Will Ferrell and Adam McKay, the brains behind Anchorman, are ready to put the sexist, freewheel- ing newscaster back in the anchor chair, ew.com reports.

McKay has said he and Ferrell have begun work on a sequel that could jump ahead a decade to the '80s.

DreamWorks says it hasn't yet talked to the duo, but that doesn't mean Ferrell and McKay aren't dreaming up new plots. "The audience will now allow us to do even crazier stuff," McKay said.

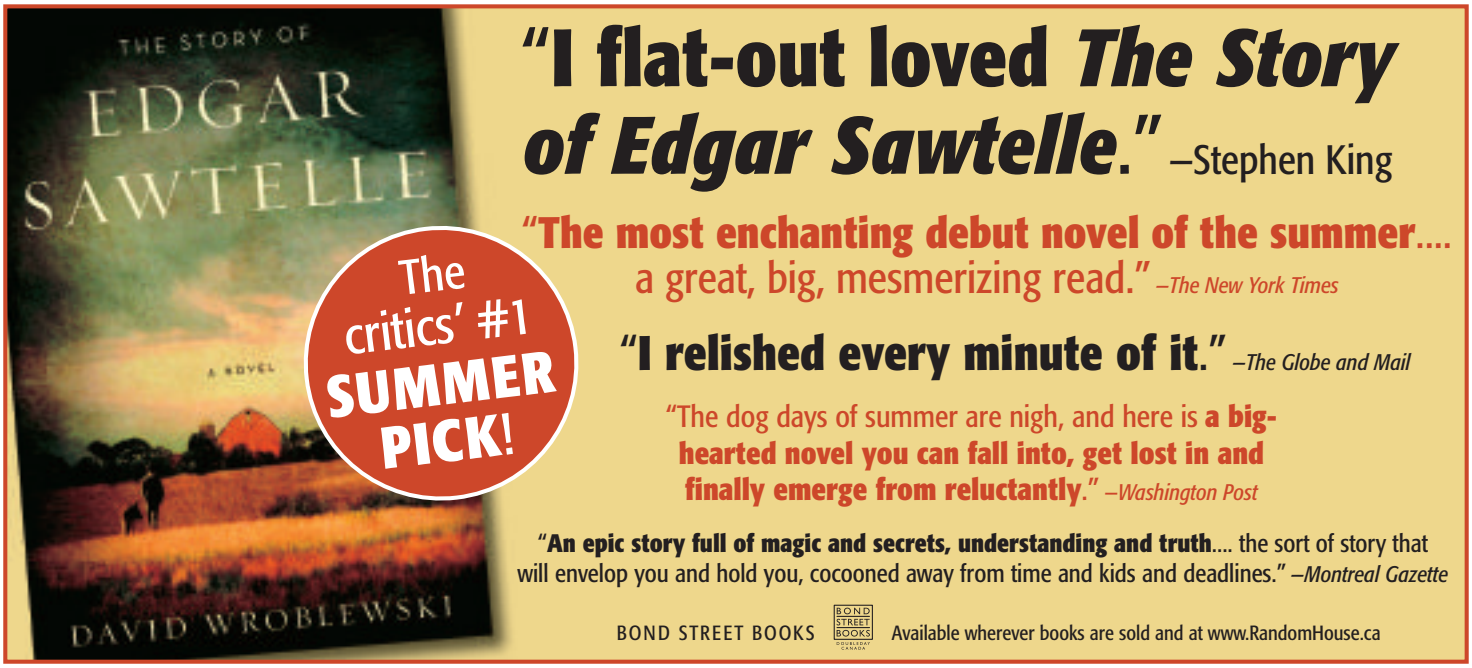
METRO NEWS SERVICES

In brief

PRISON SENTENCE Hulk Hogan's son Nick Bollea is set to spend the rest of his prison sentence in an adult facility, and will be transferred on his 18th birthday, according to imdb.com.

VIDEO GAMES Teen movies Clueless, Mean Girls and Pretty In Pink are set to hit the video game market, imdb.com reports. The games are being created by Hollywood Studio Paramount.

METRO NEWS SERVICES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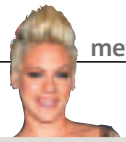

Pink to drop fresh tracks

Grammy-winning singer-songwriter Pink has announced plans to release a fifth, as-yet-untitled, studio album Oct. 28. The debut single, So What, is due out in early August. **E! NEWS ONLINE**

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CD Reviews

music@metronews.ca

Brendan **Canning**

Album: Something For All Of Us
Label: Arts & Crafts
Release date: July 22
Rating:

THERE'S SOMETIMES a fine line between noise and art. Brendan Canning has enjoyed walking that line with Toronto's Broken Social Scene. Now he's drawing the line a little finer with his solo debut. He pulls it off successfully with the help of a strong contingent of BSS friends such as guitarist Andrew Whiteman and keyboardist/bassist Kevin Drew and singers Amy Millan and Lisa Lobsinger. When you've got somebody like Whiteman playing guitar for you, even the noise sounds good.

Graham Rockingham

She & **Him**

Album: Volume One
Label: Merge
Release date: July 22
Rating:

ACTORS HAVE been dabbling in music for decades, but almost no one has done it as well as Almost Famous actress Zooey Deschanel. Playing under the moniker She & Him, Deschanel teams up with Merge's M.Ward and together they've create a stunning alt-country debut. This is Not A Test is one of the best songs here — it sounds straight out of '70s Nashville —but some of the duo's covers, including The Beatle's I Should Have Known Better, are interesting as well. Russell Crowe better be taking notes.

Bryan Borzykowski

Dr. **Dog**

Album: Fate
Label: Park the Van Records
Release date: July 22
Rating:

PHILADELPHIA'S DR. DOG displays a fascinating meld of influences on Fate. The quirky vocal harmonies and unique instrumentation on this 11-track disc sometimes harken back to Big Pink-era The Band. In some ways, Fate is defined by Zach Miller's old-west piano stylings. Not that it's all throwback or country — the funky touches come as a welcome surprise, and quite naturally. And who knew strings could swing?

Jim Reyno

Black **Kids**

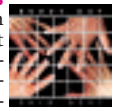
Album: Partie Traumatic
Label: Red Ink/Sony BMG
Release date: July 22
Rating:

THE BUZZ around Jacksonville's Black Kids has been steadily growing since their CMJ appearance last year, but it's only now that all the hype gets put to the test. Fortunately, their debut disc delivers. Partie Traumatic is an uplifting, frenetic rock record that recalls '80s-influenced boy-girl bands like the GO Team! and The Ting Tings. While the disc isn't perfect — it's a bit too heavy on the synth — its infectious hooks and energetic songwriting should impress even the most jaded indie rock fans.

Bryan Borzykowski

Buddy **Guy**

Album: Skin Deep
Label: Silvertone/Zomba /Sony BMG
Release date: July 22
Rating:



BUDDY GUY IS pretty much the greatest living practitioner of electric blues guitar in the world (I use the qualifier "pretty much" out of respect to B.B. King fans). There's only a few who come close, including Eric Clapton, Derek Trucks and Robert Randolph. Luckily all three are featured on Guy's latest guitar feast, Skin Deep. The duet with Clapton on Every Time I Sing The Blues is spine-tingling good.

Graham Rockingham

The Midway **State**

Album: Holes
Label: Remedy/EMI
Release date: July 22
Rating:

WHINY EMOTIVE pop-rock from Montreal that's sure to capture the hearts of first-year college kids about to leave first loves behind for a new life on campus. There's strong craft beneath the derivative goop, however, and the voice of Nathan Ferraro is strangley appealing. That may be just enough to set this foursome apart from the radio pap. There's five or six tracks on this album that are guaranteed to garner a lot of downloads.

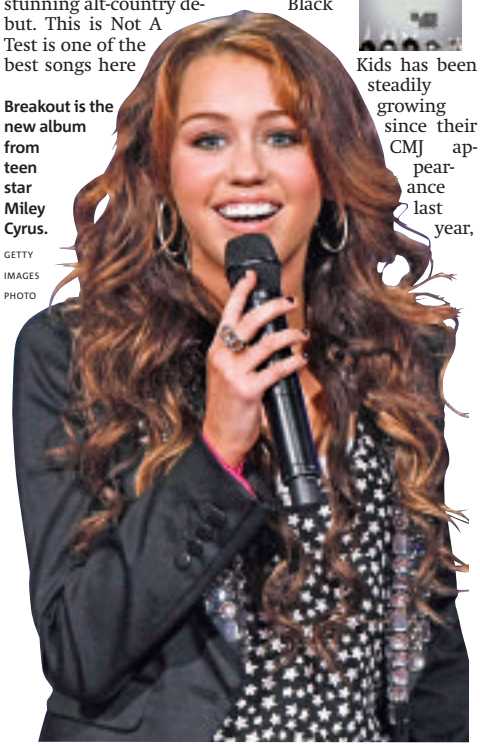
Graham Rockingham

Miley **Cyrus**

Album: Breakout
Label: Hollywood Records
Release date: July 22
Rating:

HAVE YOU EVER wanted to just … breakout! Have you ever felt like, I don't know, doing your homework after supper instead of immediately when you get home from school? Such is the good-girl angst of Miley Cyrus. The 15-year-old megastar co-wrote eight of the 12 tracks on Breakout — inoffensive and forgettable kiddie pop, edgy like sugared cereal. Cyrus has the pipes, though. She's said she wants to grow up with her audience, and she just might.

Jim Reyno



Breakout is the new album from teen star Miley Cyrus. GETTY IMAGES PHOTO

Rapper, Mamma Mia lead U.S. album chart

One rapper replaced another atop the U.S. pop album chart yesterday, while the soundtrack to the new movie Mamma Mia! soared four places to No. 3.

Nas led the field after his untitled album — at one time set to be called Nigger — sold 187,000 copies in the week ended July 20, according to Nielsen SoundScan, becoming the rapper's fifth No. 1 on the Billboard 200. Nas' prior album, 2006's Hip-Hop Is Dead, also debuted at No. 1 but sold 354,000 over Christmas week.

Nas

Meanwhile, after three non-consecutive weeks at No. 1, Lil Wayne's Tha Carter III slipped to No. 2 with 105,000.

The Mamma Mia! soundtrack sold 91,000 copies. The disc features new versions of ABBA songs sung by the film's stars, including Meryl Streep and Pierce Brosnan. The movie opened at No. 2 at the North American box office last weekend with sales of $28 million US, the biggest opening for a musical.

Coldplay's Viva La Vida or Death and All His Friends fell two to No. 4 with 90,000, while the Jonas Brothers-led soundtrack to the Disney Channel TV movie Camp Rock dropped two to No. 5 with 78,000.

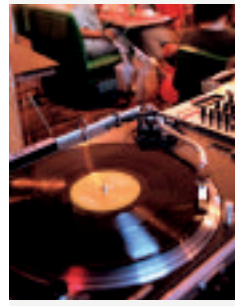
Although it slipped one to No. 6, Kid Rock's resurgent Rock N Roll Jesus experienced a 20 per cent sales increase to 73,000 in its 41st week, powered by the single All Summer Long.

John Mellencamp's Life Death Love and Freedom, his debut for Hear Music, bowed at No. 7 with 56,000, the Indiana rocker's fourth top 10 album. It's his 19th charting record overall, stretching back to the 1979 debut of John Cougar.

Rapper David Banner debuted right behind at No. 8 with his third consecutive top 10 studio album, The Greatest Story Ever Told, which sold 52,000 copies.

REUTERS

Going Out



7:30 p.m. Heavy metal band Judas Priest performs live. At GM Place, 800 Griffiths Way. Tix: $35.50-69.50. Info: generalmotorsplace.com.

7:30 p.m. American singer-songwriter Lyle Lovett performs live. At Orpheum Theatre, 884 Granville St. Tix: $51.45-61.95. Info: city.vancouver.bc.ca.

8 p.m. The Back Kitchen Release Party. At Granville Island Stage, 1585 Johnston St. Tix: $31-38. Info: artsclub.com.

8 p.m. Titus Andronicus. At Bard on the Beach, 310-601 Cambie St. Tix: $33. Info: bardonthebeach.org.

9 p.m. Brooklyn-based singer-songwriter Joseph Arthur performs live. At Media Club, 695 Cambie St. Tix: $20. Info: themediaclub.ca.

Time to ask for a raise, Vince
Funnyman Vince Vaughn has topped a list of stars who give their studios best value for money. Vaughn earned $14.73 US for every $1 he was paid in his last three movies. The list also takes DVD revenues into consideration. IMDB.COM

More legal woes for rapper DMX

AVOIDING PAYMENT Rap star DMX has been indicted in Arizona on charges that he used a false identity to avoid paying hospital bills.

He was charged with one count of theft and one count of taking someone else's identity.

Earlier this month, the 37-year-old was arrested at a Phoenix airport for failing to appear in court, failure to pay fines and driving without a license.

REUTERS

Film probes tensions after 2005 London bombings

A film inspired by the 2005 London suicide bombings that killed 52 people explores the mistrust they stoked between communities and how Islamist radicals threatened to drown out the voice of moderate Muslims.

Shoot on Sight, starring Greta Scacchi, is set in London just after the July 7 bombings and follows the story of a Muslim police officer thrust into the limelight when a Muslim man is mistaken for a bomber and shot dead.

Tariq Ali, played by Indian actor Naseeruddin Shah, finds himself caught between police officers who are prejudiced against him because of his race and religion and a Muslim community that shuns him for betraying them.

"They don't trust him in the department because he is a Muslim and they don't trust him at the mosque because he is a police officer," director Jagmohan Mundhra said ahead of the film's release in Britain on Aug. 22. "I have always admired British society for being the most tolerant. It's not just lip service, they have actually done it.

"The actions of a few suddenly start causing this chasm."
Director Jagmohan Mundhra

"Then the actions of a few suddenly start causing this chasm. It becomes us versus them, and I think all these years of blending, suddenly comes to naught."

Mundhra, an Indian Hindu, was in London at the time of the attacks on the underground train system and a bus, and noticed how people's attitude to him changed because he was assumed by many to be a Muslim from South Asia.

Later the same month, a Brazilian man mistakenly believed to be a suicide bomber was shot dead by police. Mundhra used the incident as a trigger for his thriller.

He denied the film, the first feature to deal with the July 2005 events, was insensitive to victims. "I feel that you can't be an ostrich in the sand, you cannot ignore what is happening in society." REUTERS

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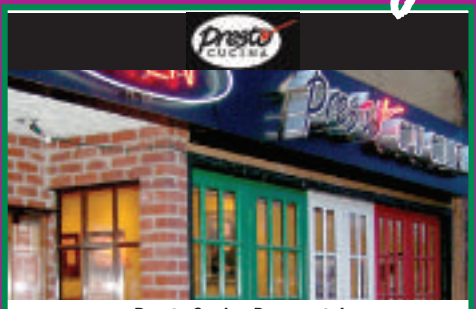

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Metro's Kitsilano Event Guide

Fire Hall Open House
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New role

Actress Elizabeth Berkley is joining the Showtime hit the L Word for a multi-episode arc, sources have confirmed. She'll play the straight girl that got away from Jennifer Beals' Bette in college. EW.COM

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Nightmare relaunch picks up veteran writer

FLASHBACK Freddy Krueger is coming back to haunt the big screen.

New Line Cinema has hired veteran scribe Wesley Strick (Arachnophobia, Cape Fear) to help relaunch the Nightmare on Elm Street franchise.

The original Nightmare was written and directed by Wes Craven and released in 1984. It created one of the most popular villains in screen history, Freddy Krueger, played by Robert Englund, and its runaway success spawned a slew of sequels.

The films' premise centered on Krueger, a serial child killer murdered who returns with a burned face and razor glove to terrorize teens in their dreams.

The new project will keep the high school setting and delve deeper in the psychology of nightmares and Krueger himself, with a dark tone. The company hopes to have the movie ready for the 25th anniversary of the original. REUTERS

The original Nightmare created one of the most popular villains in screen history, Freddy Krueger, played by Robert Englund.

IntelleVision

Rick McGinnis
WILL RETURN

ABC eyes foreign detective drama

DEVELOPMENT ABC is developing an American version of the Argentinean sibling crime drama Brothers & Detectives.

The project centers on a low-level paper-pusher in a homicide division who, following the death of his estranged father, finds out that he has a brilliant 11-year-old brother who loves solving puzzles.

"When the boy helps his detective brother solve a homicide case, a strange partnership is born," said Daniel Cerone, who will produce the project for ABC.

With forensic shows dominating the crime drama genre, Cerone said he loved the idea of doing a cop show that solves crimes through deduction rather than science. REUTERS

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VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
	251	308	3 CBC	MLS Soccer Pepsi All-Star Game -- MLS All-Stars vs. West Ham United. (CC)					Countdown to	CBC News: The National (N)		(:05) The Hour
	255	358	6 CH	E! News	The Insider	Greatest American Dog (N)		Final 24 Marvin Gaye. (CC)		Fear Itself "Community" (N)		News (N)
	254	-	8 M	Law & Order: SVU		Mandarin News		News	Interactive	Punjabi News (In Punjabi N)		The Simpsons
	250	321	9 CTV	eTalk (CC)	Hollywood	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		Law & Order: Criminal Intent		News (N)
	-	-	10 OMNI	According-Jim	George Lopez	Coach (CC)	Growing Pains	Darling Buds of May		The Daily	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Last Comic Standing (N) (CC)				Swingtown "Puzzlerama" (N)		News (N)
	256	389	12 VI	Degrassi	Friends (CC)	Private Practice (CC)		Grey's Anatomy (CC)		Stargate SG-1 "Ripple Effect"		News (N)
	253	359	13 CITY	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (CC)		Supernatural (CC)		Hopkins (N) (CC)		Realty TV
	-	-	14 CW	'70s Show	'70s Show	Smallville "Hero" (CC)		Supernatural (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Greatest American Dog (N)		CSI: Crime Scene Invstgtn.		Swingtown "Puzzlerama" (N)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Last Comic Standing (N) (CC)				Fear Itself "Community" (N)		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Divine Design	House	Confidential	House	Open House	House	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (CC)		Grey's Anatomy (CC)		Hopkins (N) (CC)		News (N)
	-	-	26 KVOS	M*A*S*H	Scrubs (CC)	Jury Duty ★ (1995, Comedy) Pauly Shore, Tia Carrere.				Cheers (CC)	Scrubs (CC)	Seinfeld
	291	383	27 PBS	Steves Europe	Ask This Old	Nature "Arctic Bears"		Nova (CC) (DVS)		Masterpiece (CC) (DVS)		
	290	382	28 FOX	Two/Half Men	Two/Half Men	Smarter Than a 5th Grader?		So You Think You Can Dance		News (N) (CC)		Family Guy
	-	364	48 PBS	The U.P. Recalls the War		Red Green	Time Goes By	Tavis Smiley	Charlie Rose (N) (CC)		This Old Hse.	Hometime
	296	654	54 SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	Entertainment	The Insider	Paid Program
	298	653	55 TLA	Two/Half Men	Two/Half Men	Smallville "Hero" (CC)		Supernatural (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	66 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	Sex and-City	Friends (CC)	Will & Grace	Will & Grace	My Wife-Kids
	297	652	67 WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	Frasier (CC)	George Lopez	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		(:37) Last Comic Standing (N) (CC)			Late Late
news	502	390	29 NW	The Nature of Things (CC)		CBC News: The National (N)		CBC News: The National		The Nature of Things (CC)		National
	500	500	63 CNN	CNN Presents: Black		Anderson Cooper 360 (CC)		CNN Presents "Black in America: Black Women & Family"				Cooper 360
sports	407	419	22 RSP	World Combat League (CC)		Best Damn Red Bull Air Race		Best Damn Sports Show		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	CFL Football		ATP Tennis U.S. Open Series -- Rogers Cup -- Day 4. From Toronto. (CC)					Motoring 2008	SportsCentre
	411	457	49 OLN	Cycling		Don't Forget Your Passport		Cycling Tour de France Stage 18.				
	410	403	54 SCR	Score Update		Schwab	Score Update	Score Update		Score Update		Score Update
	417	406	65 SC	Wrecked (N)	Wrecked (N)	Pinks	Pass Time	Pinks -- All Out		Pinks -- All Out		Wrecked
	416	409	144 GLF	Fútbol Colombiano		Gol TV News		Extra Time		Gol TV News		Gol TV News
family	552	543	25 YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach "Desperados"		Mystery Hnt.
	555	545	50 TEL	George	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	Blade ★★ (1998) Wesley Snipes. (CC)		
	557	541	51 FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56 TRE	Big Comfy	Rolie Polie	Beren. Bears	Dragon	Backyard	Dora-Explorer	Go, Diego, Go!	Treetown	Big Comfy
cable variety	268	354	3 KNO	Profiles of Nature (CC)		Big Ideas	Design e2	Around the World		How Art Made the World		King-Country
	575	583	20 CMT	Home Imp.	Roseanne	Dedicated (N)		Reba (CC)	Hope & Faith	Home Imp.	Roseanne	Ed (CC)
	570	580	24 MM	Instant Star	MuchTopTens		Gone Wild	Punk'd (CC)	Gone Wild	Muchmusic Countdown (CC)		
	600	564	29 H&G	Junk Brothers	The Big Flip	Holmes on Homes (CC)		Restaurant Makeover (CC)		The Fix (CC)	Disaster DIY	Junk Brothers
	615	520	31 A&E	The First 48 (CC)		Crime 360 (CC)		The First 48 (CC)		The First 48 (CC)		The First 48
	628	584	32 SPKE	(6:00) TNA iMPACT! (N) (CC)		UFC Unleashed		MANswers	Factory	Wild World	Wild World	Big Bounce
	521	560	34 TLC	Miami Ink (N) (CC)		American Chopper		Miami Ink (CC)		Overhaulin' (CC)		LA Ink (CC)
	616	522	39 SHO	ReGenesis "Talk to Him"		Intelligence (CC)		G-Spot "Gigi"	Exes & Ohs	Secret Diary	Secret Diary	House (CC)
	620	523	40 BVO	Runaway Jury	Timestorm	Law & Order "Survivor"		Without a Trace (CC)		Entourage	(:45) Fatherland ★★ (1994)	
	601	562	41 SLC	The Biggest Loser (CC)		Rich Bride, Poor Bride (CC)		Last 10	Bulging Brides	The Biggest Loser (CC)		Trading Sp
	520	505	42 DIS	MythBusters (CC)		Daily Planet		Sport Science		UFO Stories		UFO Stories
	522	506	44 HIS	NCIS "Mind Games" (CC)		Bloody Italy (CC)		Bloody Christmas - Ortona		NCIS "Mind Games" (CC)		Crime Stories
	627	528	45 SPC	(6:00) The Triangle (CC)		Stargate SG-1 "Evolution"		Star Trek: Voyager (CC)		Star Trek: Enterprise (CC)		Star Trek Gen.
	294	650	47 TBS	Kicking & Screaming ★★ (2005, Comedy) Will Ferrell. (CC)				Sex and-City	Sex and-City	Bill Engvall	(:40) My Boys	(:10) Hardball
	619	525	48 TROP	Inside Hollywood		ET Canada	What	Family Guy	Seinfeld	Seinfeld	Frasier (CC)	Family Guy
	603	561	62 FN	Secret Life of	Secret Life of	Ace of Cakes	Ace of Cakes	Iron Chef America (CC)		Unwrapped	Unwrapped	Secret Life of
	626	547	57 COM	Air Farce	22 Minutes	Laughs	Rick Mercer	The Simpsons	South Park	Reality Bites	Tom Green	Daily Show
	320	621	60 CEN	(6:30) Don't Cry Now (2007)		Death at a Funeral ★★★ (2007) Premiere.			Becoming Jane ★★ (2007) Anne Hathaway, James McAvoy.			
	581	566	101 MTV	True Life Online alter-ego. (N)		MTV Live	Second Half	From G's to Gents (CC)		True Life Online alter-ego.		MTV Live
	261	394	102 V	Bring	Building Faith	Searching for Confucius		Islam in China	Bring	Bring	Bring	Paid Program
	-	-	106 MUL	The Land	Daughters	Vancouver	Main Office	Dheeyan Ghar	Sadabahar	Mor Deo Koi	Desi Rhythms	Patrol World

critics'corner

CSI: Crime Scene Investigation

Oh, what a tangled web we weave ... . A prominent politician with a strong anti-drug agenda is murdered, and a major drug supplier is the prime suspect. When the evidence trail grows cold, Keppler (Liev Schreiber), Grissom's replacement, comes up with an unconventional plan to catch him. He lets Catherine (Marg Helgenberger) in on it, but she has to keep the rest of the team in the dark in "Redrum." 8 PM on CTV

Ugly Betty

Talk about picking the wrong person to pick on! Wilhelmina's (Vanessa Williams) effort to shake her "mean girl" image suffers a setback when she scuffles with an elderly woman over a cab. Not just any elderly woman — beloved octogenarian actress Betty White (guest starring as herself). The other Betty (America Ferrera) agrees to an unusual double date in "Bananas for Betty." 8 PM on ABC

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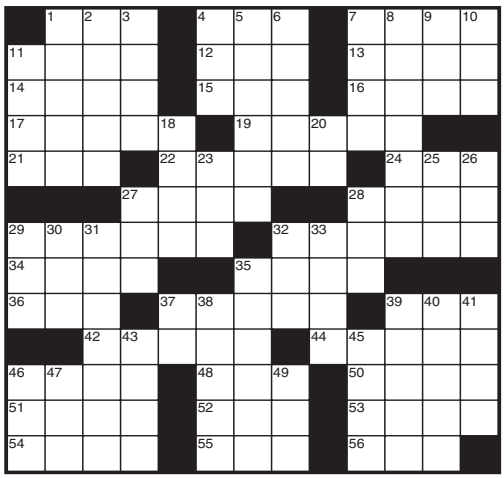
Dudek expecting

Former House actress Anne Dudek, right, is expecting her first child with artist husband Matthew Heller. She showed off her bump for the first time at the premiere of Season 2 of her new show Mad Men in Los Angeles recently. IMDB.COM

Take Five



Crossword down

1 Thin material
2 Lopsided
3 Archie or Jughead
4 Type of parrot
5 Lucky charm
6 Canada territory
7 Show sadness
8 Cheese dish
9 Spacewalk, to NASA
10 After deductions
11 Implored
18 Hot — — oven
20 Beehive St.
23 Excavation
25 Pamplona cheer
26 Rather or Aykroyd
27 Big clock
28 Kind of stove
29 Luau strings
30 Thieve
31 Chewing the fat
32 Agree silently
33 New Age singer
35 California motto
37 Yes, to Pablo
38 Snicker (hyph.)
39 Tooth type
40 Really go for
41 Smell awful
43 Nerve network
45 Pig movie
46 Classified items
47 Drop — — line
49 Mal de —

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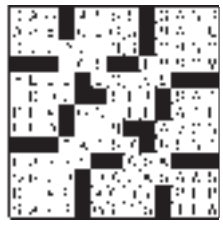
Crossword across

1 Huge container
4 Jay successor
7 Small brown bird
11 Work as a model
12 Outback bird
13 Gutter site
14 Take pleasure in
15 Puffin kin
16 Latin 101 word
17 "Maria —"
19 Jeweler's lens
21 Natural moisture
22 Made purchases
24 Build, slangily
27 Minnows
28 Large lizard
29 High-priority
32 Put in order
34 Zen riddle
35 Untold centuries
36 Flow back
37 Hit the books
39 Damage superficially
42 Bramble
44 House
46 Yves' girlfriend
48 Skirt border
50 Lotion additive
51 Soup-can flaw
52 Just scrape by
53 Dog noise
54 Prudent
55 Hearing aid?
56 Prior to

previous day's answer



Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
An unfair situation will be revealed. Self-indulgence will have a certain appeal. Allow yourself to develop stronger willpower.

TAURUS
APRIL 21-MAY 21
Adjustments will have to be made. A lost object is under a car. Be ready for shocking disclosures. Gossip will clarify strange reactions.

GEMINI
MAY 22-JUNE 21
Socializing will get complicated. A false story wipes out some plans. Don't get bent out of shape over a fiasco.

CANCER
JUNE 22-JULY 22
A lucky occasion arises for a heart in waiting. Bad timing causes a woman to spill the beans. A better place will be found for you.

LEO
JULY 23-AUG 23
An embarrassment is diminished by a cheerful player. A visitor makes a scary mistake. Old folks are stunned by false friends.

VIRGO
AUG 24-SEPT 22
An odd friend will get down and dirty. You'll find peace of mind in a bad state of affairs. Your friendships will bring good luck.

LIBRA
SEPT 23-OCT 23
Be gracious to someone who needs your support. All will go well if you give it a chance. Plan to meet and meddle with the right person.

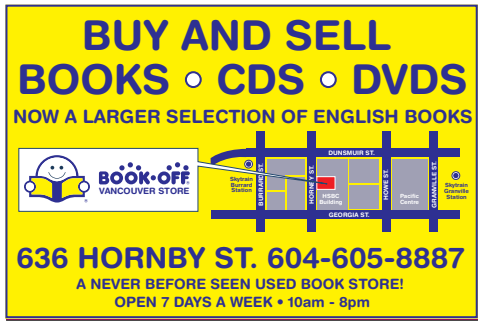
SCORPIO
OCT 24- NOV 22
Follow your dreams to make things right. An offer is made and refused. An idiotic scandal breaks out due to obedience.

SAGITTARIUS
NOV 23- DEC 21
An adventure will give you giggles. An obstacle will be triumphed over. A humane visitor will you some bizarre advice.

CAPRICORN
DEC 22-JAN 20
Bondage to a bad habit can be broken. When boredom sets in, you'll wish you had a hobby. Be prudent, cautious, and brave.

AQUARIUS
JAN 21-FEB 18
Someone's passion causes euphoria. All will be well between new partners. A love chat flourishes despite shyness.

PISCES
FEB 19-MAR 20
A defiant person will be punished. Dedicate yourself to eating in moderation. A lover's quarrel will be blown out of proportion.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This day in history

JULY 24, 1567: Mary Queen of Scots is deposed and replaced by her 1-year-old son James VI.
JULY 24, 1967: During an official state visit to Canada, French President Charles de Gaulle declares to a crowd of over 100,000 in Montreal: "Vive le Québec libre!" (Long live free Quebec!). The statement, interpreted as support for Quebec independence, delighted many Quebecers but angered the Canadian government and many English Canadians.
JULY 24, 1974: Watergate Scandal: The United States Supreme Court unanimously ruled that President Richard Nixon did not have the authority to withhold subpoenaed White House tapes and they order him to surrender the tapes to the Watergate special prosecutor.
JULY 24, 1990: Iraqi forces start massing on the Kuwait/Iraq border.

METRO NEWS SERVICES

INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

2	8	9	1	5	7	3	4	6
6	5	3	9	8	4	7	1	2
4	1	7	6	3	2	5	9	8
5	2	1	4	7	6	9	8	3
3	6	8	5	2	9	4	7	1
9	7	4	8	1	3	6	2	5
1	3	5	7	4	8	2	6	9
7	9	2	3	6	1	8	5	4
8	4	6	2	9	5	1	3	7

SOLVE TIME IN MINUTES:

Under 13	Genius
13-17	Scholar
17-21	Smart
21-25	Not bad
25+	Keep practicing

1			7		8			
8	3						5	6
	4			2		1		
	9		3	5				1
		3				4		
2				4	6		9	
		9		7			2	
6	5						1	7
			4		3			5

Vancouver weather

The Weather Network
theweathernetwork.com

Afternoon	Tonight	Friday	Saturday	Sunday
Sunny. 23°	Clear. Low 14°	Mainly sunny. 22°/14°	Variable. 20°/14°	60% Rain. 20°/11°

Temperature
Normals
High: 22.8°
Low: 13.2°

Records
High: 27.8°/1994
Low: 8.3°/1973

Sunrise: 5:35 a.m.
Sunset: 9:02 p.m.
Moonset: 1:05 p.m.
Moonrise: 11:19 p.m.

TWN incorporates MSC data

Rowling's regret

Author J.K. Rowling says she regrets she never told her mother about her famous creation, Harry Potter. Rowling began work on her tales of the apprentice wizard six months before her mother Anne, who had multiple sclerosis, died. **BBC NEWS ONLINE**

Celebrity Buzz

Barrymore may still love her ex

FEELINGS FOR THE EX Drew Barrymore is still in love with her ex-boyfriend, *femalefirst.co.uk* reports.

The actress, who recently split from her latest suitor Justin Long, reportedly initiated the break-up because she couldn't stop thinking about former lover, The Strokes drummer Fabrizio Moretti.

"Drew just couldn't get Fabrizio out of her mind," a source said. "She says Justin was great, but what she had with him just wasn't as strong."

Barrymore, who dated the rocker for five years, has remained in contact with Moretti since they separated and reportedly feels ready to settle down and start a family with him.

The source added to National Enquirer magazine: "Drew told me, 'I want kids, and I want them pretty soon, and the more I am away from Fabrizio, the more I realize he is the one.'" **METRO NEWS SERVICES**

Winehouse wants 5 kids

BABIES Amy Winehouse has revealed she wants at least five children and twins, *femalefirst.co.uk* reports. The singer insists she and husband Blake Fielder-Civil, who this week was sentenced to 27 months in prison for grievous bodily harm and perverting the course of justice, are ready to start their family.

"I love kids," she said. "To be honest, I think kids have got a lot more going on than adults. They've got their heads screwed on a lot better. Blake and I can't wait to have kids. I want at least five kids, and I want twins. Blake is going to be the most amazing dad. When Blake was about we talked about it all the time. We'd like to have identical twins. Blake had a dream that we had a girl who was dark like me. I had a dream that I had one older, like 18 months, dark like me and identical twin babies." **METRO NEWS SERVICES**

GETTY IMAGES PHOTOS

Locklear back home

TREATMENT After successfully completing four weeks of treatment for anxiety and depression, Heather Locklear is back home, *People.com* reports.

"Heather's feeling really great," says a close friend. "And she looks beautiful, just radiant."

While the actress' recovery is "a work in progress," Locklear seems rejuvenated by her month away, says the friend. "She told a really funny story and she laughed from her core," says the pal, who has seen Locklear since she returned home last weekend. **METRO NEWS SERVICES**

Wentz gets fatherly advice

PREP Pete Wentz has been taking fatherhood advice from his dad and father-in-law, *femalefirst.co.uk* reports.

The Fall Out Boy rocker and new wife Ashlee Simpson are expecting their first child together and Pete has been talking to Joe Simpson and his pop Pete to make sure he is fully prepared for the arrival. He told OK! magazine: "I'm reading all the books. The best one I've read so far is The Expectant Father.

"I'm talking to my dad a lot. I'm talking to Ashlee's dad a lot. We hang out with other people who have kids. You see the world in a different way. It's exciting."

The bassist also spoke about his friends' response to the pregnancy.

"My friends are all really excited for me," he added. "Our drummer Andy Hurley was the first to respond to anything. I sent out the email for my wedding and Andy responded seven minutes later like, 'I'll be there and these are the sizes of my clothes.'" **METRO NEWS SERVICES**

Maggie Gyllenhaal reads no evil

MEDIA Maggie Gyllenhaal has vowed never to read articles printed about her, in a bid to protect herself from harsh media criticism, *imdb.com* reports.

"The amount of scrutiny can be unbearable," she said. "It's sometimes really hurtful." **METRO NEWS SERVICES**

celebrity briefs

'Supermodel' is overused: Naomi

TITLE Model Naomi Campbell has hit out at the current batch of "supermodels," insisting Gisele Bundchen was the last runway queen to deserve the title, *imdb.com* reports. **METRO NEWS SERVICES**

Memoirs postponed for Downey Jr.

TELL-ALL Robert Downey Jr. has returned the advance on his memoirs after postponing plans for a tell-all, *femalefirst.co.uk* reports. **METRO NEWS SERVICES**

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Dancing labour
Actor Matthew McConaughey danced during his girlfriend Camila Alves' labour, and even played Brazilian music to keep her entertained. Alves gave birth to Levi Alves on July 7 and McConaughey was on hand to ease her through her labour pains. METRO NEWS SERVICES

Celebrity Buzz

Smith makes the big money

CHEQUES Will Smith has topped a list of Hollywood's highest paid actors, *femalefirst.co.uk* reports.

The Hancock star — who has made $80 million US in the last year — became the first ever actor to have eight consecutive movies break the $100-million mark at the box office.

His earnings caused him to shoot to the top of Forbes magazine's list, ahead of Johnny Depp who earned $72 million.

Eddie Murphy and Mike Myers came joint third with earnings of $55 million each, and Leonardo DiCaprio rounded off the Top 5 after making $45 million last year. Bruce Willis proves he still has the potential to be a huge box-office star, after coming sixth in the list with earnings of $41 million. He was closely followed by comedian Ben Stiller and Nicolas Cage, who made $40 million and $31 million respectively. The Top 10 was rounded off by funnyman Will Ferrell, who earned $31 million, and Adam Sandler with earnings of $30 million.

METRO NEWS SERVICES

Brit's smokes getting into son's hands

SMOKE Britney Spears' parenting skills have come under fire again after she was caught exposing her son to second-hand smoke, *femalefirst.co.uk* reports.

The pop star was photographed with her two-year-old son Sean Preston on Sunday as he attempted to play with his mom's cigarettes.

Spears is seen in the photos standing in a bikini next to Sean as she lights up. The toddler holds a lighter in one hand and reaches for a pack of his mother's Marlboros with the other.

Taken from Spears' Beverly Hills, Calif., home, Spears is snapped reaching down for the pack to stop her son taking them.

Studies have proven links between second-hand smoke and childhood illnesses, including ear infections, bronchitis, asthma and other respiratory ailments.

METRO NEWS SERVICES

Miley talks photos

PEOPLE Miley Cyrus is continuing to speak out about her infamous Vanity Fair photos, *usmagazine.com* reports. She called the shots "a mistake" during an interview on ABC's Good Morning America recently. "I think I was just in a stage where I was just trying to get things done, and maybe look for an older audience," the 15-year-old said.

METRO NEWS SERVICES

Dickinson gets drive-and-talk traffic ticket

PEOPLE Janice Dickinson has become the first celebrity victim of California's new phone-and-driving law, *femalefirst.co.uk* reports.

As of July 1, motorists in the state were banned from using cellphones while driving and the 53-year-old ex-supermodel picked up a ticket on Hollywood's Sunset Boulevard on Tuesday.

METRO NEWS SERVICES

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celebrity brief

Pitt's questionable fathering methods

SHILOH Actor Brad Pitt may not win any prizes for Father of the Year, after he was spotted driving a golf buggy on a quad bike track, with daughter Shiloh perched on his lap, the Daily Mail reports.

Pitt was seen out with sons Pax and Maddox enjoying a family day out at a quad bike track in Miraval. But the 44-year-old was criticized after he was seen leading the way in a golf buggy with his two-year-old daughter seated on his lap.

Shiloh was perched on Pitt's lap for the ride and doesn't appear to be wearing a seat belt nor a helmet.

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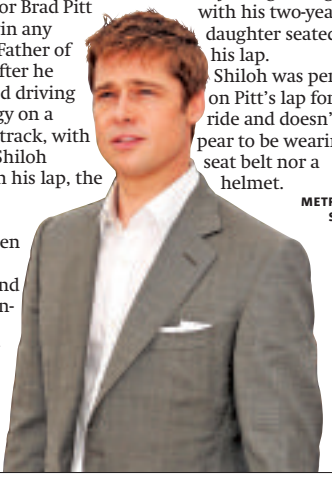

celebrity brief

Moss tries to save her relationship

PEOPLE Kate Moss and her rocker boyfriend Jamie Hince have flown out to a secret location in a bid to save their relationship, the Daily Mirror reports. The couple have been on rocky ground recently.

METRO NEWS SERVICES

celebrity brief

Lauren Conrad has diva bout

PEOPLE The Hills star Lauren Conrad pulled a diva act at a charity event last week by showing up late and not talking to reporters, PageSix.com reports.

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1 - 525 Seymour St.
150 - 625 Howe St.
105 - 950 West Broadway
543 Main St.
1707 Robson St.
1092 Kingsway
10 - 3490 Kingsway
205 - 896 Cambie St.
102 - 229 Keefer St.
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8123 Main St.

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Crystal Square
Lougheed Mall
Metrotown/Metropolis
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4711 Kingsway
7531 Market Crossing
111 - 3823 Henning Dr.
204B - 3430 Brighton Ave.

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Coquitlam Centre
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5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
2 - 901 Lougheed Hwy.
22 - 2988 Glen Dr.

West Vancouver
Park Royal Shopping Centre North/South

North Vancouver
Capilano Mall
127 - 1199 Lynn Valley Rd.
1295 Marine Dr.
1748 Lonsdale Ave.
1392 Main St.

New Westminster
Royal City Centre

Richmond
Aberdeen Centre
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